

Opioid-Sparing Programs: What Can We Learn to Address the Opioid Crisis

The slide features a wavy, liquid-like graphic at the bottom. In the upper right corner, there are two overlapping globes of the Earth.

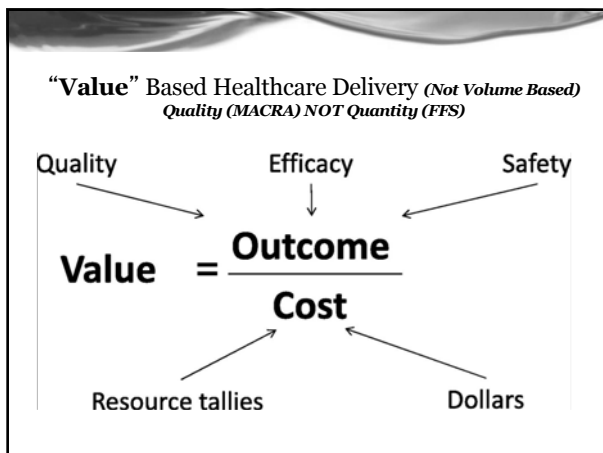
Disclosures

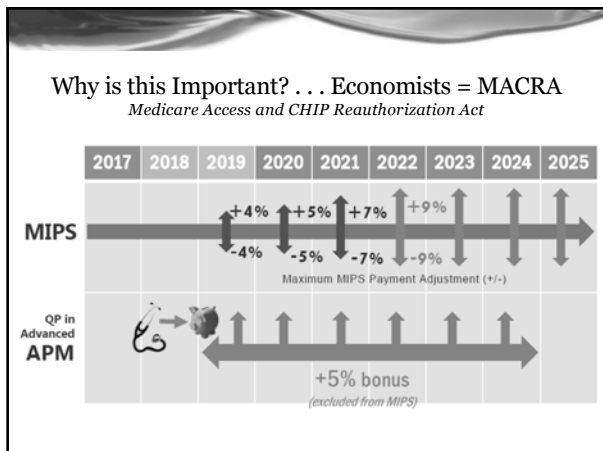
The slide shows a black and white photograph of two hands shaking in a firm grip. A large black circle with a diagonal slash through it is superimposed over the handshake, indicating a prohibition or restriction.

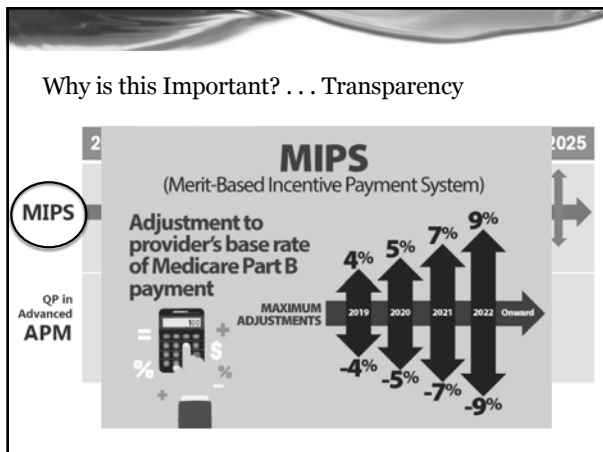
Objectives

The learner will be able to:

- Describe the role of opioid-sparing techniques in anesthesia
- Describe the outcomes achieved with opioid-sparing compared to traditional techniques
- Differentiate the value of quality versus quantity of anesthesia through opioid-sparing strategies
- Describe the cost-savings opioid sparing techniques generate for hospital systems through a sensitivity analysis
- Translate the economic impact opioid sparing techniques make on the opioid crisis.





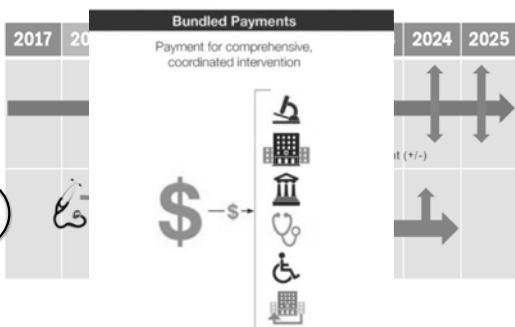


Why is this Important? . . . Transparency



The screenshot shows the Medicare.gov Physician Compare search interface. At the top, it says 'MIPS (Merit-Based Incentive Payment System)'. Below that, it says 'Medicare.gov | Physician Compare'. There are search filters for 'Location' (ZIP code/City, State/Address/Landmark) and 'What are you searching for?' (Doctor last name or specialty or medical condition). A 'Search' button is visible. On the left side, there is a circular icon with 'MIPS' and a text box that says 'QP in Advanced APM'.

Why is this Important? . . . Transparency



The diagram illustrates 'Bundled Payments' as a 'Payment for comprehensive, coordinated intervention'. It shows a flow from a patient (represented by a person icon) through various medical services (represented by icons for a microscope, hospital, pharmacy, doctor, wheelchair, and ambulance) to a dollar sign. The flow is shown between years 2017, 2024, and 2025, with arrows indicating the direction of payment and intervention.

Why is this Important? . . . Transparency



The screenshot shows the Medicare.gov Hospital Compare search interface. At the top, it says 'Bundled Payments' and 'Payment for comprehensive, coordinated intervention'. Below that, it says 'Medicare.gov | Hospital Compare'. There are search filters for 'Find a hospital' (Location, ZIP code or City, State or State, Hospital name (optional), Full or Partial Hospital Name) and a 'Search' button. On the left side, there is a circular icon with 'MIPS' and a text box that says 'QP in Advanced APM'.

Modern Healthcare
The leader in healthcare business news, research & data

CMS proposal for hospitals to publish prices raises tricky issues

By Harris Meyer | April 25, 2018



Key Indicators for CRNAs

- Understand Financial Mechanism
- Develop Internal Strategy
- Determine Objectives and Level of Partnership
- Select Metrics
- Assign Financial Targets and Benchmarks
- Finalize Strategy

CRNA: Know Your Baseline Value

CRNA Only / Consultative Model (QZ)

Anesthesiologist Supervision (more than 4 concurrent cases) (AD)

Anesthesiologist Only (AA)

Anesthesiologist Medical Direction (1 or 2-4 concurrent cases) (QX, QY, QK)

Practice Model	Anesthesiologist Allowed	CRNA Allowed
CRNA only (no medical direction)	N/A	100%
Anesthesiologist only	100%	N/A
Medical direction	50%	50%
Payment at the medically supervised rate*	3 units (+ 1 unit for induction)	50%

* This is different from the CMS Part 6 Condition of Participation supervision requirement

Base Units

+

Time Units

+

Modifying Units

)

×

Conversion Factor

=

Billed Amount*

CRNA “The Baseline Value” - Professional

- CPT Code: 00844 – Anesthesia for APR
- Base Unit: 7 units
- Time Units: 16 units (4 Hour Procedure)
- Modifiers
 - ASA 3: 1 unit
 - Age > 70 years: 1 Unit
- Total 25 Units (CMS Anesthesia Conversion Factor (CF) is \$22.49)
 - Professional Charges: (25 units) * (\$108.00) = \$2,700.00
 - Discount Rate = \$1053.00

Base Units

+

Time Units

+

Modifying Units

)

×

Conversion Factor

=

Billed Amount*

CRNA “The Baseline Value” - Technical

- CPT Code: 00844 – Anesthesia for APR
- Technical Charge
 - Technical 01: \$1,400 base bundle charge
 - 4 Hour Procedure: 30 minute increments = 8 units
 - Rate per Unit \$166.00
 - Discount Rate: 60%
- Technical Charges: Technical 01 (\$1400) + (8 Units * \$166.00) = \$2,728.00
- Discount Rate: \$1,636.80

Base Units

+

Time Units

+

Modifying Units


)

×

Conversion Factor

=

Billed Amount*



- Professional Charge: \$1,053.00
- Technical Charge: \$1,636.80
- Revenue Total: \$2,689.80

A CRNA's Baseline Value

APR Colon Surgery – 4 Hour Duration

The Role of the CRNA: Addressing the Opioid Crisis


Future →

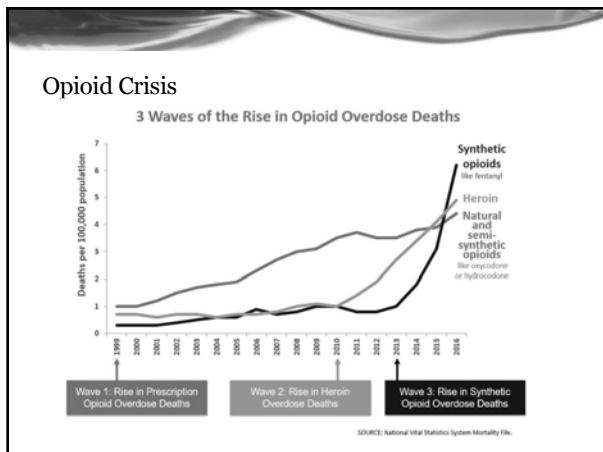
← **Past**

TRANSFORM

your

Thinking





Opioid Crisis

FENTANYL: Overdoses On The Rise
Fentanyl is a synthetic opioid approved for treating severe pain, such as advanced cancer pain. Illicitly manufactured fentanyl is the main driver of recent increases in synthetic opioid deaths.

50-100x MORE POTENT THAN MORPHINE

SYNTHETIC OPIOID DEATHS ACROSS THE U.S.

73% INCREASE FROM 2012 TO 2015
 264% INCREASE FROM 2012 TO 2015

ILLICITLY MANUFACTURED FENTANYL

196% INCREASE FROM 2012 TO 2015

IT'S AS DEADLY AS HEROIN OR COCAINE BUT IS BETTER FOR CONSIDERING

Government Policy: Help or Hinder?

GRAY DEATH
 A Deadly New Street Opioid Mix

A potent new street drug containing several dangerous deadly opioids and opioid synthetics that commonly lead to overdose, which is often, fatal.

Government Policy: Help or Hinder?


- Background on Impact in the Healthcare Sector
 - Only **4 major companies manufacture** synthetic injectable Opioids
 - **Profit margins** on injectables are low
 - Pfizer is 60% of **market share**
 - 2016-2017: Contaminates and sterility . . . Reduced manufacturing
 - **Trump Declares** . . . Opioid Crisis
 - **DEA Response:**
 - 2017: Reduce Opioid Manufacturing 25%
 - 2018: Reduce Opioid Manufacturing 20% more
 - » Despite **insufficient supplies** for hospital systems

Government Policy: Help or Hinder?

HEALTH CARE

In the midst of a massive opioid crisis, hospitals are experiencing an opioid shortage

By Aaron Schachter
May 14, 2018 1:52 PM



4 Steps in Determining Value: Opioid-Sparing


1. Define the Problem & State the Objective

Concerns about quality of pharmacoeconomic analyses. (2003). *Pharmacoeconomics & Outcomes News*, (6)(7), 1.

4 Steps in Determining Value: Opioid-Sparing

1. Define the problem & State the Objective

- Are Opioid-Sparing strategies a cost-effective method for reducing symptom burden and minimizing surgical & associated complications?



4 Steps in Determining Value: Opioid-Sparing


1. Define the problem & State the Objective
2. Identify the **perspective and alternative interventions** to be compared;
 - Patient/Societal
 - Healthcare Practitioner
 - Hospitals or Hospital systems
 - Third-Party payers

Concerns about quality of pharmaco-economic analyses. (2013). *Pharmaco-economics & Outcomes-News*, (67), 1.

Patient Perspective

- What **costs Directly & Indirectly affect** the patient?
 - Functional Status/Symptom Burden
 - Out-of-Pocket (example: deductible)
 - **Lost Income:** Patient & Caregiver
 - Transportation to Health Services
 - Patient Satisfaction (Note: CMS)
- **Relevant Consequences** include:
 - Therapeutic Effectiveness
 - Adverse Events (Burden & Rescue)***
 - Determinants of **Patient Satisfaction**

It is about the Patient Experience.



Concerns about quality of pharmaco-economic analyses. (2013). *Pharmaco-economics & Outcomes-News*, (67), 1.

“The Patient Experience”

- What does “The Patient Experience Mean”?

The Problem With Satisfied Patients

A misguided attempt to improve healthcare has led some hospitals to focus on making people happy rather than making them well.



“Patients can be very satisfied and be dead an hour later.”

“We want a total cultural transformation. I want that Disney-like experience, the Ritz Carlton experience.”

Many hospitals seem to believe they can trick patients into thinking they got better care.






IHI: Triple Aim “The Patient Experience”

- What does “The Patient Experience Mean”?


“A national study revealed that patients who reported being **most satisfied with their doctors** actually had **higher healthcare and prescription costs**. They were **more likely to be hospitalized** than patients who were not as satisfied. Worse, the most satisfied patients were significantly more likely to **die in the next four years.**”

The Problem With Satisfied Patients
 A misguided attempt to improve healthcare has led some hospitals to focus on making people happy, rather than making them well.

Health economics in Enhanced Recovery After Surgery programs

Stowers, Marinus D. J; Lemanu, Daniel P; Hill, Andrew G
 Canadian Journal of Anesthesia/Journal canadien d'anesthésie, 02/2015, Volume 62, Issue 2



Systematic Review

Purpose: Evaluate cost-effectiveness of ERAS Programs

Findings: 17 studies identified on ERAS cost-effectiveness report:

1. Cost Savings
2. “Expedited Recovery”
3. Morbidity & Complication Reductions

Problem: Studies **only focused** on in-hospital **Direct** costs
 “Cost data for individual studies were **POORLY** detailed”

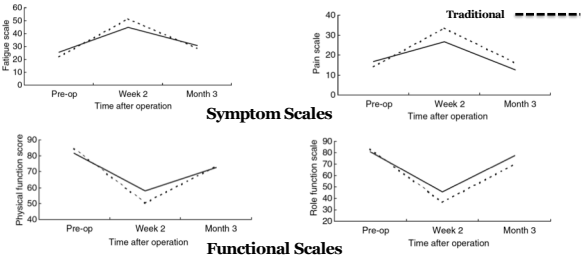
Limitations: Quality of Life (QoL) & Indirect Cost not studied

The influence of an Enhanced Recovery Programme on clinical outcomes, costs and quality of life after surgery for colorectal cancer

King, P. M; Blazely, J. M; Ewings, P; Ongman, R. J; Kipling, R. M; Franks, P. J; Sheffield, J. P; Evans, L. B; Soabhy, M; Bulley, S. H; Kennedy, R. H
 Colorectal Disease, 07/2006, Volume 8, Issue 6

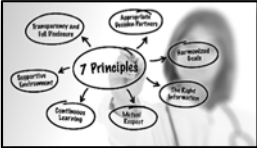
Purpose: Evaluate health economic outcomes & QOL of ERAS Programs

Findings specific to QOL: EORTC QLQ-C30/QLQ-CR38



Health Practitioner


- **Cost to provider** may include:
 - Hospitalization (LOS)
 - **Pharmacy (i.e. Formulary)**
 - Supplies (i.e. Pumps)
 - Quality Metrics
- **Outcome of Interest** include:
 - Adverse Events (i.e. FPPE & OPPE)
 - **Physician Compare (www.CMS.gov)**
 - Therapeutic Effectiveness
 - Patient Satisfaction (Note: CMS)



Concerns about quality of pharmaco-economic analyses. (2013). *Pharmaco-economics & Outcomes-News*, (6)(3), 1.

Hospital System

- **Expenditures** include:
 - Length of Stay
 - Adverse Events & related Morbidity
 - 30 Day Readmission (Note: CMS)
- **Outcome of Interest** include:
 - Adverse Events
 - Therapeutic Effectiveness
 - Patient Satisfaction (Note: CMS)



Concerns about quality of pharmaco-economic analyses. (2013). *Pharmaco-economics & Outcomes-News*, (6)(3), 1.

Cost impact analysis of Enhanced Recovery After Surgery program implementation in Alberta colon cancer patients


Nelson, G; Kiyang, L.N; Chuck, A; Thanh, N X; Gramlich, L M
Current oncology (Toronto, Ont.), 06/2016, Volume 23, Issue 3

**What we Know!
(n = 790)**

- **LOS:**
 - 1.5-2.0 day reduction (p < 0.05)
- **Complication Rate:**
 - 13% reduction overall (p < 0.05)
- **Readmission Rate:**
 - reduction overall (p = 0.1172)

TABLE II Change in length of stay over time, after implementation of the Enhanced Recovery After Surgery (ERAS) program

Time since implementation and patient group	Pts (n)	Length of stay (days)		p Value
		Mean	Median	
Before ERAS				
Cancer patients	68	9.5±11.5	7.0	
Non-cancer patients	48	8.8±7.3	5.5	
After ERAS				
Overall				
Cancer patients	330	8.4±12.7	5.0	0.0012
Non-cancer patients	344	6.4±8.2	4.0	0.0041



4 Steps in Determining Value: Opioid-Sparing

1. Define the problem & State the Objective
2. Identify the perspective and alternative interventions to be compared
3. Identify and measure outcomes of each alternative
4. Identify & measure **costs of all alternatives**

Concerns about quality of pharmaco-economic analyses. (2021). *Pharmacoeconomics & Outcomes News*, (67)(3), 1.

Traditional Methodology: Direct Cost


Drug	Cost per Unit	Units	Total Cost
Midazolam	\$2.40	1	\$2.40
Famotidine	\$2.53	1	\$2.53
Sufentanil	\$8.00	3	\$24.00
Propofol	\$2.30	1	\$2.30
Cis-Atracurium	\$24.40	3	\$73.20
Glycopyrrolate	\$46.75	1	\$46.75
Neostigmine	\$52.85	1	\$52.85
Desflurane	\$6.99	6	\$41.94
Crystalloid	\$1.95	3	\$5.85
Ondansetron	\$0.70	2	\$1.40
Bupivacaine	\$36.64	1	\$36.64
Hydromorphone	\$8.08	1	\$8.08
Total Cost			\$297.94

ERAS Methodology: Direct Cost (The Alternative)


Drug	Cost per Unit	Units	Total Cost
Gabapentin	\$12.00	1	\$12.00
Celebrex	\$4.15	1	\$4.15
Tramadol	\$7.35	1	\$7.35
Acetaminophen	\$35.40	3	\$106.20
Alvimopan	\$700.00	1	\$700.00
Dexmedetomidine	\$31.92	1	\$31.92
Propofol	\$2.30	9	\$20.70
Ketamine	\$21.24	1	\$21.24
Lidocaine 0.4%	\$2.53	1	\$2.53
Albumin 5%	\$83.72	3	\$251.16
Glycopyrrolate	\$46.75	1	\$46.75
Neostigmine	\$52.85	1	\$52.85
Crystalloid	\$1.95	1	\$1.95
Ondansetron	\$0.70	2	\$1.40
Bupivacaine	\$36.64	1	\$36.64
Liposomal Bupivacaine	\$285.00	1	\$285.00
Hydromorphone	\$8.08	1	\$8.08
Total Cost			\$1,428.30

Variable Cost of Adverse Drugs Events (ADE)

- PONV
- Ileus
- Respiratory Depression
- Immobility/DVT
- Urinary Retention
- Mental Status Change
- Increased LOS
- 30 Day Readmission

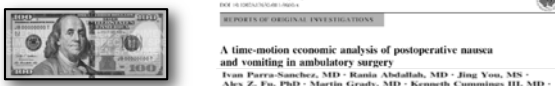


Post-Operative Nausea & Vomiting (PONV)



Post-Operative Nausea & Vomiting (PONV)

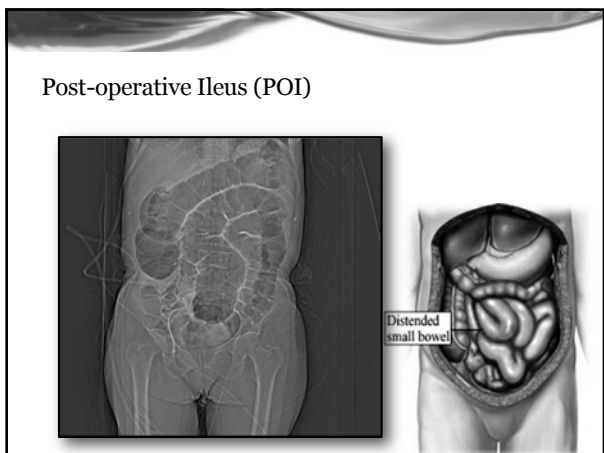
- **15%-33% occurrence** surgical outpatients
- Adjusted **incremental cost \$75** (95% CI - \$67-\$86) per patient
 - **\$87.12 per patient** today
- Average **Delayed Discharge** by 60 minutes (234 min. versus 171 min.)
- **Lasting Effects**; up to 72 hours
- **Quality of Life**; lower for PONV – **The Intangible!**
 - Only 49% rate 1 for PONV versus 94% rated 1 for POD 1 to 3
 - Most Patients experiencing PONV at 72 hours



Choi J. Health Care Financ 2012; 30:96-103
DOI: 10.1002/hlth.1010

REPORTS OF ORIGINAL INVESTIGATIONS

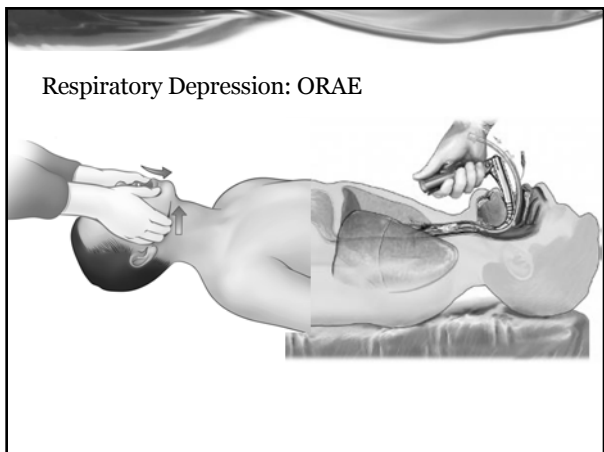
A time-motion economic analysis of postoperative nausea and vomiting in ambulatory surgery
 Ivan Parra-Sanchez, MD • Rania AbulFalah, MD • Jing You, MS • Alex Z. Fu, PhD • Martin Grady, MD • Kenneth Cummings III, MD • Christian Apfel, MD • Daniel J. Sessler, MD



Post-Operative Ileus (POI)

- **Occurrence:** 10-40% in patients undergoing Radical Cystectomy
 - **Average Occurrence Rate:** 15.6%
 - POI Contributes to 50-70% of all complications
 - **Increases LOS:** mean of **4 days** (Range: 3-10 days)
 - **Doubles the cost** of Hospital Stay
 - **Cause:** Opioid binding to gastrointestinal mu-receptors
 - Additional **Overall Cost** due to POI: **\$10,246.00 per event**
- **Prevention:** Alvimopan which binds to gastrointestinal mu-receptors
- **Direct Cost:** \$700 per hospital stay
- **Results:** 50% Rate Reduction in POI to 7.8%


Alvimopan for prevention of postoperative paralytic ileus in radical cystectomy patients: a cost-effectiveness analysis
 William M. Miller, Yan Lohani*, Dipan J. Pasrah, Joseph W. Baskin and Robert S. Taylor
 University of Texas Health Science Center San Antonio, San Antonio, and *University of Texas Southwestern Medical Center Dallas, TX, USA







Respiratory Depression:

PHARMACOECONOMICS AND OUTCOMES IN PAIN AND PALLIATIVE CARE
Effect of Opioid-Related Adverse Events on Outcomes in Selected Surgical Patients
 Gary H. O'Meara, Ting J. Guo, Bernadette H. Johnson, and Scott B. Robinson

- N = **319,898**
- Incidence: **3.3%** (12.2% Overall)
- Cost: **\$155.33 per patient**
- LOS: **3.3 Days**
- 30-Day Readmission: 6.4%



Post-Operative Urinary Retention (POUR)

Postoperative Urinary Retention (POUR)

- **Occurrence:** 2.1%, based on the Surgical Care Improvement Project
 - **Sample Size:** 415,409 surgical patients
 - **Study:** 43,030 developed POUR
 - POUR Contributed **9.2%** of Urinary Tract Infections
 - **Increases LOS:** mean of 1.1 days
 - CAUTI Literature: **\$1357 per incidence**

National incidence and outcomes of postoperative urinary retention in the Surgical Care Improvement Project

Alex K. Wu, M.D.^{a,*}, Andrew D. Auerbach, M.D.^a, David S. Aaronson, M.D.^{a,b}

^aDepartment of Urology, University of California San Francisco, San Francisco, CA, USA; ^bDepartment of Urology, Kaiser Permanente Medical Group, Oakland, CA, USA



Incidence: Variable Cost Per Episode

Incidence	Cost Per Episode	Probability
Respiratory Depression	\$568.00	3.30%
PONV	\$87.12	15.00%
Post-Operative Ileus	\$10,247.00	15.60%
Urinary Retention	\$1,357.00	2.00%
Mental Status Change	\$2,500.00	15.00%
DVT	\$4,159.00	2.20%
30-Day Readmission	\$11,200.00	5.40%
Length of Stay	\$2,064.00/Day	10.0 Days

Cost Benefit & Cost Effectiveness

A Factor of 5.6

Traditional Strategy	Incidence	Opioid-Sp
8.00%	Pruritus	0.00%
3.30%	Respiratory Depression	0.00%
15.00%	PONV	7.50%
15.60%	Post-Operative Ileus	7.80%
2.00%	Urinary Retention	0.00%
15.00%	Mental Status Change	3.00%
2.20%	DVT	1.00%
5.40%	30-Day Readmission	0.00%
10.0 Days	Length of Stay	7.00 Days
\$1,379.38	Cost Per Episode (Probability)	\$247.69

CRNA: Baseline Value for CPT: 00844

Professional	Technical
• Base Units: 7 Units	• Bundle: 1,400.00
• Time Units: 16 Units	• Time Units: 8 Units
• Modifiers: 2 Units	• <u>Conversion: 166.00</u>
• <u>CF: 108.00</u>	• Bill: \$2,728.00
• Bill: \$2,700.00	• Discount Rate: 0.60
• Discount Rate: 0.39	• Revenue: \$1,636.80
• Revenue: \$1,053.00	

Total Revenue: \$1053.00 + \$1,636.80 = \$2,689.80

Assume 1,000 Cases: \$2,689,800.00

Traditional Anesthesia: Cost per 1000 Poor Quality

Variable Cost	Fixed Cost
• LOS (7 Days): \$14,448,000.00	• Anesthesia: \$293.23 per case
• PONV: \$ 13,068.00	• <u>Traditional: \$ 297.94</u>
• POI: \$ 1,598,376.00	• Total: \$591.17 per case
• ORADE: \$ 5,125.89	
• POUR: \$ 124,844.00	• 1000 Case: \$591,170.00
• <u>30 Day: \$ 604,800.00</u>	
• Total: \$ 16,118,413.89	

Opioid Sparing Anesthesia: Cost per 1000 Poor Quality

Variable Cost	Fixed Cost
• LOS (3 Days): \$ 6,192,000.00	• Anesthesia: \$293.23 per case
• PONV: \$ 6,534.00	• <u>Opioid Spare: \$ 1,428.30</u>
• POI: \$ 799,188.00	• Total: \$1,721.52 per case
• ORADE: \$ 0.00	
• POUR: \$ 28,497.00	• 1000 Case: \$1,721,530.00
• <u>30 Day: \$ 0.00</u>	
• Total: \$ 7,026,219.00	

Why is this Important? . . . Transparency

Traditional Anesthesia: Cost per 1000

Variable Cost	Fixed Cost
• LOS (7 Days): \$14,448,000.00	• Anesthesia: \$293.23 per case
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• ORADE: \$ 5,125.89	• 1000 Case: \$591,170.00
• POUR: \$ 124,844.00	
• <u>30 Day: \$ 604,800.00</u>	
• Total: \$ 16,118,413.89	

Professional Revenue: \$1,053.00 per case	Technical Revenue: \$1,636.80 per case
Per 1,000 Cases: \$1,053,000.00	Per 1,000: \$1,636,800.00
<u>MIPS: (Penalty 4%) \$ 42,120.00</u>	<u>MIPS: (Penalty 12%) \$ 148,608.00</u>
\$1, 010,880.00	\$1, 488,192.00

Revenue: \$2,499,072.00 / 1000 cases

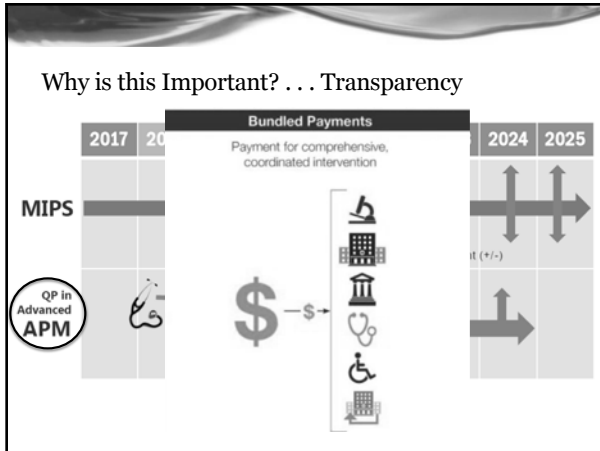
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• POUR: \$ 28,497.00	
• <u>30 Day:</u> \$ 0.00	
• Total: \$ 7,026,219.00	

Professional Revenue: \$1,053.00 per case	Technical Revenue: \$1,636.80 per case
Per 1,000 Cases: \$1,053,000.00	Per 1,000: \$1,636,800.00
<u>MIPS: (Bonus 4%) \$ 42,120.00</u>	<u>MIPS: (Bonus 12%) \$ 196,416.00</u>
\$1,095,120.00	\$1,833,216.00

Revenue: \$2,928,336.00 / 1000 cases



Opioid Sparing Anesthesia Vs Traditional: Net

Variable Cost	Fixed Cost
• LOS (3 Days): \$ 8,256,000.00	• Opioid Spare: \$1,721,530.00
• PONV: \$ 6,534.00	• Traditional: \$ 591,170.00
• POI: \$ 799,188.00	• Net Fixed Cost: \$1,130,360.00
• ORADE: \$ 5,125.89	
• POUR: \$ 96,347.00	
• <u>30 Day:</u> \$ 604,800.00	
• Total: \$ 9,092,194.11	

- Net Overall Savings in hospital per 1,000 cases Exceeds \$7,000,000.00

α

- Overall **net Anesthesia Revenue** \$429,264.00 per 1000 cases

Summary

- Review the importance of Economic in Healthcare as a driver for decision-making
- 4 step approach to economic analysis
- Discussed the translation of outcomes into economic burden
- Identified the some opportunity gaps in the literature
